

# Welcome Class of 2023!

## FRESHMEN FIRST DAY

Friday, August 23, 2019

A special welcome and introduction to the **2019-2020** school year has been planned for the members of the **Class of 2023**. Please dress comfortably, as we will be outside for part of the day. We will focus on initiating a smooth transition for our newcomers in an effort to make this school year a success.

<b>Group 1</b>	<b>Activity</b>
8:30-9:10	Main Gym
9:15-10:15	Small Groups
10:20-11:25	Ropes Course
11:30-12:30	VAHS Scavenger Hunt
12:30-1:30	Lunch & Club Rush
1:30-1:40	Small Groups
1:45- 3:20	Schedule Walk-Through
3:20-3:37	Main Commons

<b>Group 2</b>	<b>Activity</b>
8:30-9:10	Main Gym
9:15-10:15	Small Groups
10:20-11:25	Ropes Course
11:30-12:30	VAHS Scavenger Hunt
12:30-1:30	Lunch & Club Rush
1:30-1:40	Small Groups
1:45- 3:20	Schedule Walk-Through
3:20-3:37	Main Commons

<b>Group 3</b>	<b>Activity</b>
8:30-9:10	Main Gym
9:15-10:15	Ropes Course
10:20-11:25	Small Groups
11:30-12:30	Lunch & Club Rush
12:30-1:30	VAHS Scavenger Hunt
1:30-1:40	Small Groups
1:45- 3:20	Schedule Walk-Through
3:20-3:37	Main Commons

<b>Group 4</b>	<b>Activity</b>
8:30-9:10	Main Gym
9:15-10:15	Ropes Course
10:20-11:25	Small Groups
11:30-12:30	Lunch & Club Rush
12:30-1:30	VAHS Scavenger Hunt
1:30-1:40	Small Groups
1:45- 3:20	Schedule Walk-Through
3:20- 3:37	Main Commons

## Daily Schedule Walk-Through\*

<b>Advisory</b>	<b>1:45 - 1:55</b>
<b>Hour 1</b>	<b>2:00 - 2:07</b>
<b>Hour 2</b>	<b>2:12 - 2:19</b>
<b>Hour 3</b>	<b>2:24 - 2:31</b>
<b>Hour 4</b>	<b>2:36 - 2:43</b>
<b>Hour 5</b>	<b>2:48 - 2:55</b>
<b>Hour 6</b>	<b>3:00 - 3:07</b>
<b>Hour 7</b>	<b>3:12 - 3:20</b>

\*New Students will receive and set up iPads during the Schedule walk through.

## **Additional Details**

### **8:30-9:10 Main Gym Assembly**

- Assembly headed by Mentors and Mentor Leaders

### **9:15-1:55 Core Activities**

#### **Small Group Activities**

- Led by Mentors in classrooms

#### **Outside Ropes Course**

- Low ropes course headed by Mentors

#### **VAHS Scavenger Hunt**

- VAHS scavenger hunt with the “Goose Chase App”

#### **Lunch and Club Rush**

- Lunch will be served in the main commons
- Club Rush will be taking place next door in the main gym
- Freshmen and their mentors are welcome to eat lunch and then head over to Club Rush
- No food in the gym!
- New Students will be able to get iPads during lunch (pizza provided)

### **1:45-3:20 Daily Schedule Walk Through**

- Students will be visiting all of their classes on the schedule throughout this period of time
- Mentors will be providing our Freshmen with a copy of their schedule
- Students new to VASD will receive and set up iPads during the Schedule walk through.

### **3:20-3:37 iPad Distribution for current VASD Students Ice Cream Social**